



The Heritage

Heritage Chapter Bluebills
Boeing Retiree Volunteer Newsletter

April 2022

WWW.BLUEBILLS.ORG

VOLUME 28 ISSUE 04

Chairman's Report



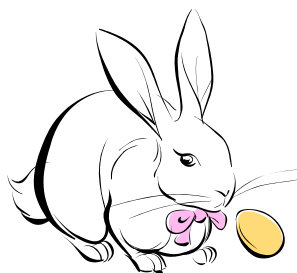
By Richard Vaughn

Things are looking up at the Bluebills' office. The computers are now working with a few more corrections to be made. We owe our many thanks to Mr. Sam Whiting, our sponsor, and his staff for their help and directions to get things back online. Lisa Naff is the best computer wizard and also a wonderful and caring lady. THANKS TO YOU ALL, BOEING!

We now need to ask for your help. During the period the computers were inoperable some of you e-mailed the office reporting your hours or called leaving voice mails reporting your hours. We are unable to recover any of those e-mails or telephone calls so if anyone reported hours for January thru March, 2022, please resubmit them to bluebills@boeing.com or call 206-544-6286.

Did you see the notice in last month's newsletter about the USO needing volunteers to host the military personnel and their families at SeaTac Airport? If you want the information please contact the office and we will get it for you. USO loves Bluebills and would like to see some of our volunteers back helping them.

Now that changes have been made to the Covid restrictions for public meetings, Jim Beasley, Heritage Chapter Speaker Coordinator, is busy working to get speakers for our monthly meetings. Dick Beham, Newsletter Editor, is also working to set up a system for the presentations to be virtual. This will be a welcome addition to our meetings after all these months of having no speakers. More information will be forthcoming.



We hope you have a wonderful Easter.

Richard

e-mail: rhvaughn32@icloud.com

March Meeting Summery

By Mary Ulibarri

Richard opened the meeting at 10:30 AM with the Pledge of Allegiance. There are a number of March birthdays as listed below, but only two were in attendance today—Meri England and Richard Vaughn. The others are Emmett Omar, Bernie Pfaff, Linda Bagley, Yoshi Akers, Doug Hoople, Anita Coke, Karen Baker, Margaret Stone, Pat Archer and Heinz Gehlhaar.

Dick Beham announced that he and Earlene celebrated their 39th wedding anniversary this month. Congratulations! Sadly, we lost two Bluebill members—Don Camerini and John J. Mah. May they rest in peace.

Richard again mentioned that our Boeing representative, Rachel, is moving to the Washington, DC, office and thus will no longer be working with the Bluebills. If and/or until another person is assigned, our office will work with manager Sam Whiting. In the meantime, we were finally able to get two of the office computers up and running, with Richard being scheduled for a replacement this coming week. We are thankful Boeing is still providing the Bluebills with office space, computers and the conference room for the Busy Bees.

He also mentioned that due to frustrating computer issues since the first of the year, any and all volunteer hours recorded in 2022 were lost. Thus, we ask that if possible, please submit that time again to Mary at marybarri20@gmail.com or Dick Beham at bbbeditor@live.com.

Lakeshore Retirement Home in Renton is still interested in working with the Bluebills and provided much appreciated cookies for today's meeting. We understand a couple of our members attended some functions at the Lakeshore facility.

Jim Beasley addressed the subject of speakers for future meetings and will coordinate with Dick Beham the prospect of having a Zoom style meeting with them using electronics and a movie screen.

The meeting was closed with the door prize drawing.

Once again we extend our thanks to the Lake Shore Retirement Community, who donated Cookies for our meeting.

Volunteer hours may be submitted to Mary at marybarri20@gmail.com or Dick Beham at bbbeditor@live.com.



In Person Presentation for April 29th

By Jim Beasley

Feature presenters for the April all member meeting will be Abby Lutz, Regional Communications Manager and Don Robertson, Communications Volunteer Lead. Subject of the presentation will be a brief history of the American Red Cross and current efforts.

Let's have a good turnout to welcome our 1st in person presenters, in two years.

Bits and Pieces

There is a "life lesson" in *Short stories that make us think twice about the daily happenings in our lives as we deal with others! Here's one submitted by Micki Brown:*

- Today, I interviewed my grandmother for part of a research paper I'm working on for my Psychology class. When I asked her to define success in her own words, she said; **“Success is when you look back at your life and the memories make you smile.”**

ALWAYS SOMETHING OF BEAUTY

*As we walked along Broadway, we saw a homeless man
crumpled on the sidewalk struggling
to stand up. We see this often.*

*All his belongings were piled high in a shopping cart.
Lying on top of all his possessions was a single long stemmed rose.
We all need something of beauty in our lives.*

*We might have walked by thinking,
another homeless person in the throes of a drug crisis.
Was it the rose that made us stop?*

*My husband bent to help the man,
they struggled for a minute or two,
finally, he was standing. People were walking by.*

*He thanked us, we nodded and made sure he was stable,
then turned to go, when he called out to us;
In his outstretched hand he offered us his rose.*

Carla Becker December 15, 2021

Journey to Dementia – Part 3

By Doug Hoople

To continue an area from last time “it is impossible for you to be the primary care giver and the spouse at the same time.”

Caregiving is a 24/7 activity, which means no time to be the spouse. It's important to get at least two types of help: medical and respite to resolve this dilemma.

There are many family-oriented medical services that provide home visits with services including social worker/case management, nurse, occupational therapy and physical therapy. When my wife was released from Overlake Hospital in November, they linked us up with Evergreen Health Home Care (one of many on the east side).

For respite care there also are many agencies out there who can provide a care giver to relieve you to get some time off to take care of business. My Daughter knew someone connected with Visiting Angels, so we contracted for a person to come in several times a week for several hours.

However serious respite care is also needed to give you a day off. When your patient is up most of the night you don't get a full night's rest. I just talked to an acquaintance who has one family member for days, one for nights, one for the weekends and another to help when needed for her parent with Alzheimer's disease. In my case it's just me. So, every couple of weeks my Daughter has hosted my Wife from Friday night at five PM to Saturday about noon, to give me a nights rest. That worked for about three months, then my gas tank was on empty, that regime is not sustainable.

Next stage to consider, when are you no longer going to be able to provide for your patient in your home, medically and physically. In our case, in an older home, when my Wife needs to move in a wheelchair, we'll be in trouble. Narrow hallways and doorways, no maneuvering room, and basically no way to get down the eleven stairs at our front doorway is the problem.

Again, there are agencies out there that will help you find a care facility that matches your patient's needs. Again, with our release from Overlake Hospital we were linked up with 1st Choice. They have provided me with lots of information and site visits so that I could made a good choice with respect to my wife's needs. We have found a family care home that can best support her.

This is a critical point in the life of your patient. They don't want to move and leave their home. This is a difficult move.

I also wanted my Wife to move when she still knows what's happening and could be part of the decision. I wanted her to identify with and hopefully bond with the people who are providing care for her.

This is also the time to think about palliative care. That was a new term for me too. Palliative care is specialized care that helps relieve and lessen the symptoms, pain, and stress resulting from a serious illness or disease, such as cancer, dementia, HIV/AIDS, etc. It is provided by a hospital team of care specialists that support the patient during any stage of illness, whether it is curable, chronic, or life-threatening.

It is different from hospice, which is end-of-life care. But people on hospice can also receive

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palliative care.

Hospice is end-of-life care, it is focused on the whole person to provide comfort rather than curative care. Hospice looks at the physical, cognitive, social, emotional, and spiritual experience.

At our last visit with the neurologist, the doctor, after reviewing my wife's DaTscan results and physical condition, refined her diagnosis as dementia in the form of Cortibasal Syndrome. Since there is no cure she also referred us to hospice and palliative care to help provide her with the best possible medical support.

The Boeing Saddle Club - A Night at the Races at Emerald Downs on June 17th. *Note: Membership in Boeing the Saddle Club is not required.*

This venue offers a perfect setting to spend time with family and friends
The room offers panoramic view of the track and Mt. Rainier.

The amazing bareback native American relay teams will also race that that night.

Full service and self-service wagering terminals are available so you can place your winning bets quickly and conveniently. A bartender dedicated to our guests is provided. We expect there to be about 40 people. Children are welcome.

THE PACKAGE INCLUDES: ADMISSION, OFFICIAL PROGRAM, OFFICIAL TIP SHEET, AND MEAL SERVED INSIDE OUR ROOM.

Adults -\$73.81 tax and tip included

For example, an 8-year-old would be \$28.41 tax and tip included

SNACKS UPON ARRIVAL

Homemade Kettle Chips with Onion Dip Fresh Popped Kettle Corn

APPETIZERS

Tropical Fresh Fruit Display, Artichoke Crostini ,Sweet and Sour Meatballs

MAIN COURSE

Grilled Caesar Salad w/Parmesan Croutons Cuban Pork Medallions with Citrus Mojo Sauce
Chicken Piccata Grilled Vegetables Harvest Wild Rice

DESSERT

Rum Pound Cake Assorted Cookies Coffee, Tea, Water

Contact: Milton and Linda Piatok
applepia@msn.com

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BOEING CLASSIC

Boeing Classic - PGA Champions Tour **Monday August 8th - Sunday August 14th**

Volunteer Opportunity [Register Today!](#)

How many volunteer opportunities provide you the chance to keep score for a golf legend, drive a Major Champion to the airport, or walk 18 holes inside the ropes with the likes of Fred Couples, Bernhard Langer and Mark O'Meara?

Volunteer for the Boeing Classic and take be a part of one of the most unique experiences in sports. You'll play an integral role in staging the region's premier golf event, experience the camaraderie of working alongside a terrific team, and showcase the passion and generosity of this community.

The Boeing Classic has become a week that the TOUR players look forward to each year and it would be impossible to sustain and improve upon such high expectations without the hard work and 'can do' attitude exhibited by our volunteer base.

[Register Today!](#)

Mercer Slough Farms

[Eastside Stories](#)

by EHC volunteer Barb Williams

For thousands of years Native Americans gathered the rich harvest of plants and animals along the shores of the Mercer Slough. In 1916 when the Ballard Locks were constructed in Seattle, the water level on the Eastside dropped 9-12 feet exposing dry lands such as those along the Mercer Slough. Farmers moved into the area.

Andrew (3rd from left) and Marc (far left) Balatico with workers in fields, c. 1930

EHC Research Collection, courtesy Balatico family



One of the farmers was Andrew Balatico and his brother, Marceliano. By 1977 they were the only truck farmers in Bellevue. Customers came from far and near to buy their vegetables. The Balatico's pumpkin patch was well-known to local residents. As orphans in 1926, the brothers immigrated to the United States from the Philippine Islands. They worked on the railroads then moved to Bellevue in 1930 to work for Japanese farmers. After leasing Newport Hills farmland and hiring Japanese workers, the brothers purchased 23 acres near the Mercer Slough. They dynamited the plow-breaking stumps in the peat marsh and added lime to sweeten the acidic soil

before anything would grow. Their farm became successful. However, during World War II they feared they would be drafted. But due to a decree issued by President Roosevelt, they were able to continue farming. In 1985, Andrew sold his property to the City of Bellevue. Much of the old farm is presently covered by the Light Rail parking garage on Bellevue Way SE and is part of the Mercer Slough Nature Park. He passed away in 2002 at the age of 92.



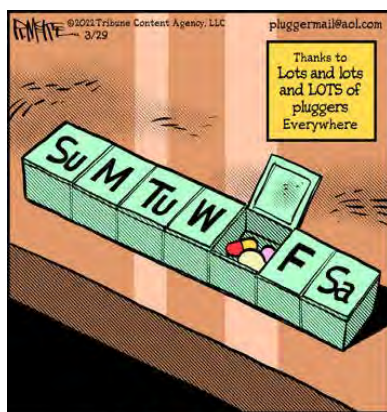
OR/L 79.79.358 - Cecelia Winters, 1917 with produce.

Other people who came to farm were Cecilia and Frederick Winters. In 1917 they bought ten acres of land just north of the Balatico farm. They built one of the most successful wholesale floral businesses of the time specializing in greenhouse-raised azaleas, daffodils and iris. Fortunately for the Winters, they had purchased carloads of imported Dutch and Spanish bulbs before a ban on imported bulbs was enforced in 1926 due to the spread of an infectious bulb disease. Their bulb business became highly profitable and they were able to build their lovely home “The Winters House”; the only building in Bellevue on the National Register of Historic Places. Their home exists today along Bellevue Way SE. The Spanish Eclectic style

building was built for \$32,000 in 1929 by contractor, Anson Ralph Grosvenor. During this time, Cecelia grew vegetables that she and her sons, Walter and Forrest, sold to summer residents in Beaux Arts. In 1937 the Winters sold part of their estate to Andre Ostbo who raised prize-winning rhododendrons in and around the greenhouses that are partially visible today along the Ostbo Loop boardwalk east of the house. He operated his King of Shrubs business there until the 1970s. In 1943, the house and grounds were sold to Frank and Anna Riepl. The Winters eventually moved to Vashon Island where they established a business specializing in carnations. By 1988 the property had been purchased by the City of Bellevue and included in the Mercer Slough Nature Park.



Bill Pace at Overlake Blueberry Farm. Seattle Times, 2003.



The pluggar calendar.



Calendar of Events 2022
In Person Meetings

<i>Jan 28</i>	<i>Chapter Monthly Meeting</i>
<i>Feb 25</i>	<i>Chapter Monthly Meeting</i>
<i>Mar 25</i>	<i>Chapter Monthly Meeting</i>
<i>Apr 29</i>	<i>Chapter Monthly Meeting</i>
<i>May 27</i>	<i>Chapter Monthly Meeting</i>
<i>Jun 24</i>	<i>Chapter Monthly Meeting</i>
<i>Jul 29</i>	<i>Chapter Monthly Meeting</i>
<i>Aug 26</i>	<i>Chapter Monthly Meeting</i>
<i>Sept 30</i>	<i>Chapter Monthly Meeting</i>
<i>Oct 28</i>	<i>Chapter Monthly Meeting</i>
<i>Nov 18</i>	<i>Chapter Monthly Meeting</i>
<i>Dec 16</i>	<i>Chapter Monthly Meeting</i>

Food Bank Schedule For 2022

Cash donations collected at each monthly meeting to be given to a different food bank each month.

<i>January</i>	<i>Highline</i>	<i>Heinz Gehlhaar</i>
<i>February</i>	<i>Bellevue</i>	<i>Doug Hoople</i>
<i>March</i>	<i>Federal Way</i>	<i>Lonnie Stevenson</i>
<i>April</i>	<i>Maple Valley</i>	<i>Vaughn's</i>
<i>May</i>	<i>Kent</i>	<i>Melinda Stubbs</i>
<i>June</i>	<i>Auburn</i>	<i>Martha Battles</i>
<i>July</i>	<i>West Seattle</i>	<i>Heinz Gehlhaar</i>
<i>August</i>	<i>Tacoma</i>	<i>(open}</i>
<i>September</i>	<i>Renton</i>	<i>Eleanor Skinner</i>
<i>October</i>	<i>White Center</i>	<i>Heinz Gehlhaar</i>
<i>November</i>	<i>Des Moines</i>	<i>Lonnie Stevenson</i>
<i>December</i>	<i>Issaquah</i>	<i>Eleanor Skinner</i>

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**Don't Forget to
Report Your Hours!**

Bluebills Heritage Chapter Meeting

April 29, 2022 10:00AM

Social 10:00AM, Meeting 10:30 - 11:30AM

Presenter's:

Abby Lutz, Regional Communications Manager

Don Robertson, Communications Volunteer Lead

Subject: History & Current Efforts of the American Red Cross

Coffee and Doughnuts provided

Bring a non-perishable food item to monthly meetings to be given to a different food bank each month.

The Bluebills monthly meetings are held at the VFW Post 1263, 416 Burnett Ave South, Renton, WA. Parking is available in the lot immediately across the street from the VFW.

Bluebills Monthly Volunteer Hours

Volunteer Name _____

Phone Number _____

_____ **Hours worked** _____ **For** _____
(month/year) (agency name)

_____ **Hours worked** _____ **For** _____
(month/year) (agency name)

_____ **Hours worked** _____ **For** _____
(month/year) (agency name)

Please send completed hours form to Bluebills, PO Box 3707 1K-B02, Seattle, WA 98124
Email to bluebills@boeing.com or bring to Bluebills monthly meeting